



Ice Diving

From €70 (No Experience Necessary)

Location

Tignes – Le Lac, Espace Killy
Altitude 2100m - Situated beside the village directly on the lake

Operation Times

Public dives are held Tuesday – Friday, Weekends + Mondays are reserved for club dives.
Beginning of December – 31st March dependent on conditions.
1100hrs – last dive 1500hrs - Two dives every hour

Operation

Danger is nominal

After 10-15 minutes safety brief and getting into your dry-suit - you enter the water accompanied by a qualified instructor. Most dive sessions last about 15-20 minutes with a maximum depth of about 2-3m of which most of the time will be spent at the surface mesmerized by the beauty above. The instructor will structure the dive to your level and experience – Whitetracks have had clients that have walked upside down on the ice above. A depths up to 15m visibility is better under ice because there is less algae and microscopic life forms to cloud up the water. When the hole is unattended, it must be marked.

Duration & Format

5 - 10 minute - organization of equipment
10 - 15 minute - Instruction
15 - 20 minute - Dive
5 - 10 minutes - handing in equipment

Restrictions

16+ - Under-18s must have written consent.
No Pregnant Women
Need to be fit, agile, and taller than 1m 60

Who Shouldn't Dive

People who do not like the cold, scared of silence, the dark (although light does penetrate the ice) claustrophobics (due to the formations of the ice the space can be quite tight)

Equipment that should be supplied

All the necessary equipment is provided for the safe and warm operation of the activity
Dry suit, full-face mask, air cylinder / gas, regulator and insulated gloves.

Items to take

Important : A close fitting/tight T-shirt with a round neck (not with a collar) + very warm socks - When diving you will only wear a T-shirt and the insulated thermal suit that comes as part of your dry suit.

Suggested Items

Ski Clothing - Jacket, Ski Pants, Hat, Gloves + an extra jumper

Numbers

Maximum - One diver @ any one time – 2 people / hour



Whitetracks Events™

Can cater for a group of 150 people in one day - Extra Dive Instructors are needed.